

BARLEY MOW MENU

SERVED TUESDAY - SATURDAY 12-3 WEDNESDAY - SATURDAY 6-8

MARINATED OLIVES

chilli and rosemary marinade

Toasted sour dough bread, oil & balsamic... £5

OLIVE BREAD

oil & balsamic... £4

GARLIC BREAD ... £4

Roasted garlic and fresh herb butter

WHITEBAIT

Lemon and chive mayo £6.50

HALLOUMI

Tomato and basil dip ... £7

SMOKED MACKEREL PATE

Sour dough toasts, beetroot and horseradish chutney... £7.50

CLASSIC CAESAR

Crispy lettuce, parmesan shavings, bread croutons, chef's Caesar dressing ... £8

MEXICAN SALAD

Mix of baby gem, salad leaves, roasted red peppers, charred corn, beans,

chipotle dressing ... £8

ADD TO ANY SALAD

CHICKEN ... £4. HALLOUMI ... £3 BACON ... £2

AVOCADO £2.

FISH BOARD

Smoked mackerel and dill pate, smoked salmon, salt and pepper squid,

panko prawns, lime sweet chilli, croutes ... £15.50

MOWER'S MUNCH

Ploughmans platter of cheese, meat, bread, pickles and chutney ... £11.50

LUNCH TIME ONLY

TOASTED SOUR DOUGH

tuna mayo... £7.50

cheddar, chutney ... £8.00

chicken, bacon, brie,

avocado ... £9.50

LUNCH TIME ONLY

JACKET POTATOES

tuna mayo... £8.50

Cheddar ... £8.75

Cream cheese and roasted

red pepper ... £8

CHECK THE DAILY SPECIALS BOARD

SWEET POTATO AND CHICK PEA CURRY

Spicy Goan dish, rice, poppadum, chilli and mint yoghurt ... £14.50

FISH AND CHIPS

Beer battered fish, garden peas, shallot and chive tartare sauce ... £14.75

SCAMPI AND CHIPS

Wholetail breaded scampi, garden peas shallot and chive tartare sauce ... £14.75

HAM, EGG AND CHIPS

Local cured pork, free range eggs ... £14.50

CHICKEN BURGER

*6oz buttermilk breast, baby gem, tomato, red onion,
sun dried tomato relish, mayo, Brioche bun; fries ... £14.00*

BEEF BURGER

*6oz beef pattie, baby gem, tomato, red onion,
bacon jam, mayo, Brioche bun; fries £14.00*

PLANT BURGER

*"MOVING MOUNTAINS" 100% PLANT - 0% COW, BUT JUST LIKE IT!
4oz pattie, mix of mushroom, beetroot and grains. baby gem, tomato, red onion,
zesty burger sauce, Brioche bun; fries ...£13.00*

ADD TO ANY BURGER

SMOKED BACON ... £1.50 FREE RANGE EGG ... £1.50

CRUMBLY MATURE CHEDDAR £1.50 ... CREAMY BRIE ... £1.50

BLUE VEINED CHEESE ... £1.50

VEGAN CHEESE ... £1.50 AVOCADO... £1.50

SIDE ORDERS

DIRTY FRIES cheese, bacon, garlic, chipotle sauce, chillies

FRENCH FRIES ... £3.50 CHIPS ... £3.75

BOWL OF MIXED SALAD... £3.50

WITH OUR HOUSE 'HONEY AND GRAIN MUSTARD DRESSING'

ASK FOR OUR DESSERT BOARD TO FINISH YOUR MEAL

TEMPTED, BUT NOT QUITE ENOUGH ROOM?

HOW ABOUT AN AFFOGATO OR A LIQUOUR COFFEE

SMALLER PORTIONS ARE AVAILABLE ON SOME OF OUR DISHES

**PLEASE TELL US OF ANY FOOD INTOLERANCES OR ALLERGIES AS SOME OF OUR DISHES CAN BE ADAPTED TO
SUIT SPECIFIC DIETARY NEEDS. E.G. COELIAC**

WE WOULD BE HAPPY TO CHECK YOUR MENU CHOICES WITH OUR CHEFS.

PLEASE LET US KNOW IF YOU MAKE FOOD GROUP CHOICES.